

As lockdown ends ...

You may be feeling anxious about the future, especially if you have been bereaved.

At our friendship groups you can talk and listen with others. If you're not ready to join a group, you can have a chat with one of our friendly telephone befrienders.

We're here to help, you don't need to be alone with your grief.



Bereavement Friendship Groups

For anyone aged 50+ living in Stoke or North Staffs



To find out more visit: www.bjf.org email: bhpoint@bjf.org.uk

Tel: Hilary 07507 408372 / Andrew 07770 016978

The Beth Johnson Foundation is a national charity dedicated to making a future for all ages. The Bereavement Help Points project uses a social model developed by St Giles Hospice and is funded by The National Lottery Community Fund.



The Beth Johnson Foundation, Registered Charity No: 1122401 Company No: 6454378